



**Point Bonita YMCA Outdoor Education & Conference Center**  
**Suggested Guest Packing List**

**Personal Items**

- Warm sleeping bag or bedding
- Pillow (with pillow case)
- Towel & washcloth
- Sunglasses
- Day pack
- Book, journal, reading material
- Earplugs
- Flashlight/headlamp
- Water bottle
- Alarm clock
- Cell phone charger
- Camera

**Toiletries**

- Shampoo/conditioner
- Comb/brush
- Soap
- Lip balm
- Toothbrush/toothpaste
- Sunscreen (SPF 15 or higher)
- Laundry soap (with quarters)

**Clothing**

- Change(s) of clothes
- Two pairs of closed-toed shoes
- Extra socks
- Undergarments
- Long-sleeved shirt
- Long pants/jeans
- Pajamas/sweats
- Sweatshirt/warm jacket
- Rain gear/poncho
- Hat (warm and/or shade)
- Gloves
- Shower shoes/flip flops
- Slippers

**Please mark all items with your name. Lost and found items will be held for one month, after which time they will be donated to charity. Arrangements can be made for picking up lost & found items by phone our main office at (415) 331-9622.**